

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Goossens Nicole HEADCOACH

Coaches: Vandermeulen Eric

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 08:30
Heat: 1/26 Lane : 2 Athlete: VAN DE VYVERE LENA					Q-time: 01:31:08
PB (25m pool): 01:31.08 Temse 17/11/2025					PB (50m pool): 01:30.57 SB: 01:31.08 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.20		01:31.08	
		00:44.20		00:46.88	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 08:30
Heat: 2/26 Lane : 2 Athlete: WULLAERT LIESE					Q-time: 01:29:66
PB (25m pool): 01:29.66 Sint-Niklaas 28/12/2025					PB (50m pool): 01:31.56 SB: 01:29.66 Sint-Niklaas 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.55		01:29.66	
		00:44.55		00:45.11	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:13, starttime: 08:55
Heat: 13/26 Lane : 2 Athlete: VAN DAELE JOSEFIEN					Q-time: 01:17:40
PB (25m pool): 01:17.40 Temse 21/12/2025					PB (50m pool): 01:19.09 SB: 01:17.40 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.68		01:17.40	
		00:37.68		00:39.72	
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:17, starttime: 09:05
Heat: 17/26 Lane : 1 Athlete: WULLAERT FIEN					Q-time: 01:14:66
PB (25m pool): 01:14.66 TEMSE 18/05/2025			PB (50m pool): 01:17.64 SB: 01:15.83 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.26		01:14.66	
	00:37.26		00:37.40		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:18, starttime: 09:05
Heat: 18/26 Lane : 1 Athlete: DE BRABANDER CELESTE					Q-time: 01:14:17
PB (25m pool): 01:14.17 Sint-Niklaas 11/01/2026			PB (50m pool): 01:18.65 SB: 01:14.17 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.71		01:14.17	
	00:35.71		00:38.46		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:18, starttime: 09:05
Heat: 18/26 Lane : 5 Athlete: DE SMET AMÉLIE					Q-time: 01:14:04
PB (25m pool): 01:14.04 Temse 21/12/2025			PB (50m pool): 01:16.66 SB: 01:14.04 Temse 21/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.89		01:14.04	
	00:35.89		00:38.15		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:22, starttime: 09:10
Heat: 22/26 Lane : 3 Athlete: DELPORTE LOTTE					Q-time: 01:09:78
PB (25m pool): 01:09.78 Sint-Niklaas 11/01/2026			PB (50m pool): 01:13.35 SB: 01:09.78 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.41		01:09.78	
	00:33.41		00:36.37		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:8, starttime: 09:35
Heat: 8/20 Lane : 2 Athlete: VANHAVERE DAAN					Q-time: 01:26:41
PB (25m pool): 01:26.41 Sint-Niklaas 11/01/2026			PB (50m pool): 01:31.45 SB: 01:26.41 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.48		01:26.41	
	00:40.48		00:45.93		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 09:35
Heat: 9/20 Lane : 5 Athlete: HOEFMAN HANNES					Q-time: 01:25:15
PB (25m pool): 01:25.15 Temse 17/11/2025			PB (50m pool): 01:31.53 SB: 01:25.15 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.14		01:25.15	
	00:41.14		00:44.01		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:10, starttime: 09:40
Heat: 10/20 Lane : 3 Athlete: VERHAGEN TOON					Q-time: 01:21:76
PB (25m pool): 01:21.76 Sint-Niklaas 11/01/2026			PB (50m pool): 01:25.52 SB: 01:21.76 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.41		01:21.76	
	00:38.41		00:43.35		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:12, starttime: 09:40
Heat: 12/20 Lane : 3 Athlete: BOURDIAUDHY THIBAU					Q-time: 01:18:53
PB (25m pool): 01:18.53 Sint-Niklaas 11/01/2026			PB (50m pool): 01:20.20 SB: 01:18.53 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.27		01:18.53	
	00:37.27		00:41.26		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:12, starttime: 09:40
Heat: 12/20 Lane : 5 Athlete: VERHAGEN ROBBE					Q-time: 01:19:26
PB (25m pool): 01:18.54 Sinbad 29/12/2024					PB (50m pool): 01:22.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.42		01:18.54	
	00:36.42		00:42.12		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:14, starttime: 09:45
Heat: 14/20 Lane : 6 Athlete: EL BOUHDIDI ISLAM					Q-time: 01:17:25
PB (25m pool): 01:15.38 Sinbad 29/12/2024					PB (50m pool): 01:22.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.20		01:15.38	
	00:35.20		00:40.18		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:15, starttime: 09:45
Heat: 15/20 Lane : 5 Athlete: VAN GOETHEM ARTHUR					Q-time: 01:15:40
PB (25m pool): 01:15.40 Sint-Niklaas 11/01/2026					PB (50m pool): 01:18.44 SB: 01:15.40 Sint-Niklaas 11/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.72		01:15.40	
	00:35.72		00:39.68		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:17, starttime: 09:50
Heat: 17/20 Lane : 6 Athlete: VAN DE GENDER WOUT					Q-time: 01:12:33
PB (25m pool): 01:12.33 Sint-Niklaas 28/12/2025					PB (50m pool): 01:21.22 SB: 01:12.33 Sint-Niklaas 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.31		01:12.33	
	00:34.31		00:38.02		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 10:05
Heat: 5/19 Lane : 5 Athlete: VAN DE VYVERE LENA					Q-time: 01:35:08
PB (25m pool): no time			PB (50m pool): 01:32.92 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:14, starttime: 10:20
Heat: 14/19 Lane : 6 Athlete: DE SMET AMÉLIE					Q-time: 01:15:75
PB (25m pool): 01:15.75 Sint-Niklaas 11/01/2026			PB (50m pool): 01:15.37 SB: 01:15.75 Sint-Niklaas 11/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.02		01:15.75	
	00:35.02		00:40.73		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:17, starttime: 11:05
Heat: 17/37 Lane : 6 Athlete: HOEFMAN HANNES					Q-time: 01:05:87
PB (25m pool): 01:05.87 T ROSCO 12/10/2025			PB (50m pool): 01:06.76 SB: 01:05.87 T ROSCO 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.87	
	no time				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:21, starttime: 11:10
Heat: 21/37 Lane : 5 Athlete: VANHAVERE DAAN					Q-time: 01:01:69
PB (25m pool): 01:01.69 TEMSE 23/11/2025			PB (50m pool): 01:02.28 SB: 01:01.69 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.75		01:01.69	
	00:29.75		00:31.94		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 17: 100M FREESTYLE MEN 11+					Heat:22, starttime: 11:15
Heat: 22/37 Lane : 3 Athlete: BOURDIAUDHY THIBAU					Q-time: 01:00:66
PB (25m pool): 01:00.66 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:01.59 SB: 01:00.66 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.61		01:00.66	
	00:29.61		00:31.05		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:23, starttime: 11:15
Heat: 23/37 Lane : 4 Athlete: VERHAGEN TOON					Q-time: 00:59:82
PB (25m pool): 00:59.82 Temse 21/12/2025					PB (50m pool): 01:01.19 SB: 00:59.82 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.00		00:59.82	
	00:29.00		00:30.82		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:24, starttime: 11:15
Heat: 24/37 Lane : 6 Athlete: VAN GOETHEM ARTHUR					Q-time: 00:59:79
PB (25m pool): 00:59.79 TEMSE 23/11/2025					PB (50m pool): 01:00.93 SB: 00:59.79 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.01		00:59.79	
	00:29.01		00:30.78		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:28, starttime: 11:20
Heat: 28/37 Lane : 2 Athlete: EL BOUHDIDI ISLAM					Q-time: 00:57:82
PB (25m pool): 00:57.82 Temse 21/12/2025					PB (50m pool): 00:59.19 SB: 00:57.82 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.71		00:57.82	
	00:27.71		00:30.11		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 17: 100M FREESTYLE MEN 11+					Heat:28, starttime: 11:20
Heat: 28/37 Lane : 3 Athlete: VERHAGEN ROBBE					Q-time: 00:57:73
PB (25m pool): 00:57.73 Temse 21/12/2025					PB (50m pool): 01:00.35 SB: 00:57.73 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.72		00:57.73	
	00:27.72		00:30.01		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:33, starttime: 11:30
Heat: 33/37 Lane : 1 Athlete: VAN DE GENDER WOUT					Q-time: 00:54:96
PB (25m pool): 00:54.96 TEMSE 23/11/2025					PB (50m pool): 00:56.51 SB: 00:54.96 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.97		00:54.96	
	00:26.97		00:27.99		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 11:40
Heat: 3/33 Lane : 1 Athlete: VAN DAELE JOSEFIEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 11:45
Heat: 6/33 Lane : 6 Athlete: WULLAERT LIESE					Q-time: 99:99:99
PB (25m pool): 01:38.95 Temse 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.99		01:38.95	
	00:48.99		00:49.96		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: STW

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:23, starttime: 12:15
Heat: 23/33 Lane : 4 Athlete: WULLAERT FIEN					Q-time: 01:14:87
PB (25m pool): 01:14.87 Sinbad 22/07/2025					PB (50m pool): no time SB: 01:15.95 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.87	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:24, starttime: 12:20
Heat: 24/33 Lane : 5 Athlete: DE BRABANDER CELESTE					Q-time: 01:14:49
PB (25m pool): 01:14.49 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.72		01:14.49	
	00:34.72 00:39.77				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:27, starttime: 12:20
Heat: 27/33 Lane : 5 Athlete: DELPORTE LOTTE					Q-time: 01:12:25
PB (25m pool): 01:12.25 Temse 21/12/2025					PB (50m pool): no time SB: 01:12.25 Temse 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.44		01:12.25	
	00:32.44 00:39.81				
					

Coach feedback: